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First Aid Laminate Reference Charts (Quickstudy: Health)



Synopsis

Symptoms, treatment and tips for wide range of medical emergencies. Great for home use or the professional as a quick reference or refresher. 6-page laminated guide includes: • calling for help • broken/dislocated/fractured bones • common ailments • wounds • shock • sprains & strains • burns & scalds • food poisoning • convulsions • heart attack • internal bleeding • loss of a body part • stroke • the elements • poisoning • plants - poison ivy, oak & sumac • head, neck & back injury • choking maneuver • electrocution • hyperventilation, concussion & fainting

Book Information

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Customer Reviews

I just love these little quick reference guides. It is as described and as pictured. Has sections as follows: a place for Emergency Numbers, How to Call for Help (specific information for caller to provide), Broken Bones, Common Ailments (foreign matter in eye, black eye, nosebleed, earache, toothache, loss of permanent tooth), Lyme Disease, Quick Tips, Wounds, Sprains & Strains, Shock, Burns and Scalds, Drug Overdose, Food Poisoning, Convulsions, Heart Attack, Internal Bleeding, Loss of a Body Part, Stroke, The Elements (heat and cold), Poisoning, Carbon Monoxide Poisoning, Critters (insects, snakes, spiders, sea creatures), Plants (poison ivy, oak, sumac), Head, Neck and Back Injury, Hyperventilation, Choking Maneuver, Concussion, Fainting, Electrocution.

This is a great quick reference guide, one in the First Aid Kit, one in the vehicle, and one in the bathroom with other first aid materials.

Very good first-aid information. A bit large to hang on the refrigerator, but it's laminated so it should last years.

Although this is really cheap with free shipping, I don't think it is worth the money. It is very cheaply laminated and is about the size of a 8 by 10 sheet of paper. It is way too elementary, it will show a few symptoms of a heart attack and they only advice for all of the things call medics and make the patient comfortable. This does not even have the chest compressions to breaths ratio for cpr. I would save my money and go with a better detailed book.

Quick, easy-to-follow directions on first aid.

Quality information laminated, recommended.

handy and informative, fits in binder or on clipboard

I use this to aid in teaching first aid, excellent information.

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